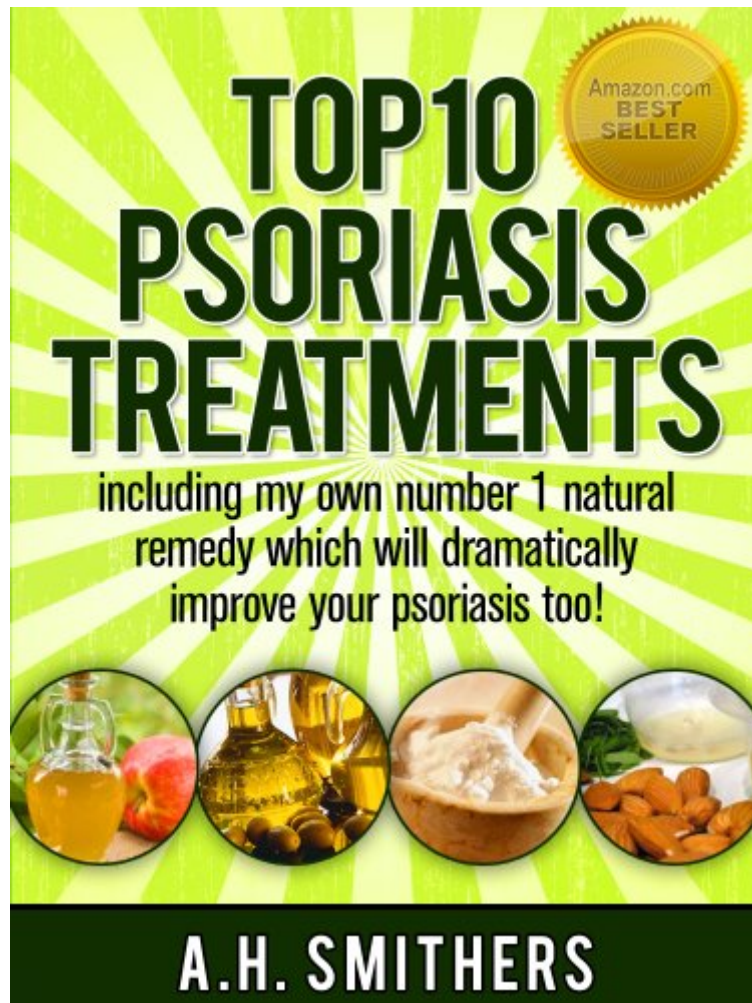




The book was found

Top 10 Treatments For Psoriasis



Synopsis

*****NUMBER 1 best seller for both Skin Ailments and Psoriasis *****This is a book by a psoriasis sufferer for psoriasis sufferers. The book looks at someone who has tried many methods to treat psoriasis over a 20 year period and finally found a successful treatment. The treatments looked at include, stress management, light therapy, diet, topical solutions (natural and prescription), salt water, diet, vitamins, herbal remedies as well as a few lesser known treatments that have worked on them over the years. This is what reviewers have been saying:-This book is a wealth of information if you are dealing with psoriasis. It will take you through conventional treatments, alternate treatments and tell you how well they work. I found it really interesting and will be recommending to those I know who suffer from it. I'm especially interested in diet and the section on diet is enlightening. Thanks Anton for sharing your experience with finding a treatment for psoriasis, in such a clear, concise and informative manner. A much needed book. Definitely worth a read if you have or know somebody struggling with Psoriasis. I know for a fact that some of these treatments work I've seen it first hand. Well Done and thanks for the insight Mr Smithers Don't give up this book can seriously help your Psoriasis! Buy it now for \$2.99

Book Information

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Customer Reviews

I've had P for 20 years and it is pretty bad now. This is a brochure with nothing in it. I can't believe is selling this.

It did not provide anything new and I felt that it was informative but already had that sort of information.

Very concise book on all the treatments. I have also tried a majority of these treatments.

The autor wanted to express himself, but he could have done it with his friends, he didnt studied or documented himself to write. This is a book with no sence, a personal opinion at the best. Dont waste your money and time with it.

This book should probably be called "The Encyclopedia of Psoriasis" since it thoroughly deals with all aspects of Psoriasis. The author knows what he is talking about - he suffered from Psoriasis. The information he offers will help anyone who has to face this "embarrassing, humbling and exceptionally inconvenient" health problem.

This book is a must-own for any sufferer of psoriasis. Not every solution to this horrible affliction will be for everyone, but at least one of Anton Smithers' top 10 treatments will help every reader of this book who suffers from psoriasis. A must-have.

The information in this book was helpful, and I appreciate that it was written by someone who not only has psoriasis, but who has actually used the suggested treatments. It's a great book for the newly diagnosed.

I hate my psoriasis, it itches like crazy, hurts and looks nasty. This gave me some new ideas. If you also suffer from psoriasis, try mineral oil in the shower. Just be careful, it is very slick. Good luck!

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